

naam		Reeks	baan	100m	200m	300m	400m			
Eerdekens Geert	M50 (Masters B)	1	1	01:45,80	02:04,31	03:50,11	02:50,35	06:40,46	01:33,65	08:14,11
Teirbrood Eddy	M50 (Masters B)		2	01:55,26	02:13,51	04:08,77	02:11,92	06:20,69	02:09,76	08:30,45
Maes Eva	F14 (Jeugd B)		3	01:26,85	01:40,98	03:07,83	01:44,80	04:52,63	01:39,06	06:31,69
MINNEBO JARNE	M14 (Jeugd B)		4	01:33,25	01:44,59	03:17,84	01:43,61	05:01,45	01:37,30	06:38,75
Vanderstraeten Laurens	M24 (Senioren)		5	01:33,65	01:58,36	03:32,01	02:01,01	05:33,02	01:58,55	07:31,57
			6							
Harinck Camille	F14 (Jeugd B)	2	1	01:30,70	01:46,19	03:16,89	01:50,61	05:07,50	01:45,65	06:53,15
Van Dooren Sofie	F40 (Masters A)		2	01:27,96	01:39,72	03:07,68	01:43,34	04:51,02	01:41,05	06:32,07
			3							
Hocedez Bjarne	M16 (Jeugd A)		4	01:22,71	01:35,06	02:57,77	01:37,12	04:34,89	01:32,80	06:07,69
Jana De Wolf	F16 (Jeugd A)	5	01:20,65	01:34,19	02:54,84	01:35,98	04:30,82	01:33,50	06:04,32	
Baluwé Margot	F16 (Jeugd A)	6	01:22,20	01:34,26	02:56,46	01:38,25	04:34,71	01:37,75	06:12,46	
van den Boer Arthur	M12 (Jeugd C)	3	1	01:21,86	01:30,57	02:52,43	01:31,87	04:24,30	01:28,91	05:53,21
Lammens Marius	M14 (Jeugd B)		2	01:21,82	01:31,18	02:53,00	01:32,37	04:25,37	01:28,76	05:54,13
Deleersnyder Lise	F14 (Jeugd B)		3	01:15,72	01:24,73	02:40,45	01:26,43	04:06,88	01:25,68	05:32,56
Robberechts Ruben	MU23 (Beloften)		4	01:17,07	01:31,02	02:48,09	01:35,74	04:23,83	01:30,67	05:54,50
Verbruggen Sofie	F24 (Senioren)		5	01:17,27	01:25,92	02:43,19	01:28,76	04:11,95	01:26,93	05:38,88
Jens Smolders	M12 (Jeugd C)		6	01:29,10	01:32,90	03:02,00	01:33,19	04:35,19	01:31,02	06:06,21
Depuydt Femke	F12 (Jeugd C)	4	1	01:19,80	01:32,39	02:52,19	01:35,85	04:28,04	01:34,03	06:02,07
Deprez Ilke	F16 (Jeugd A)		2	01:20,52	01:32,18	02:52,70	01:36,76	04:29,46	01:26,64	05:56,10
Cottem Marcijn	M16 (Jeugd A)		3	01:13,52	01:25,26	02:38,78	01:30,99	04:09,77	01:31,61	05:41,38
Mehta Rohan	M16 (Jeugd A)		4	01:16,19	01:23,65	02:39,84	01:25,80	04:05,64	01:24,67	05:30,31
Julie Ysenbaert	F18 (Junioren)		5	01:17,26	01:25,70	02:42,96	01:30,93	04:13,89	01:31,49	05:45,38
de graef Ien	F14 (Jeugd B)		6	01:17,21	01:21,81	02:39,02	01:22,04	04:01,06	01:26,25	05:27,31
Verdoort Niels	M24 (Senioren)	5	1	01:08,28	01:16,13	02:24,41	01:19,95	03:44,36	01:19,13	05:03,49
Brecht Roelans	M16 (Jeugd A)		2	01:15,97	01:22,62	02:38,59	01:25,80	04:04,39	01:21,25	05:25,64
Cottenie Emma	F14 (Jeugd B)		3	01:15,33	01:24,00	02:39,33	01:25,79	04:05,12	01:25,82	05:30,94
Lize De Witte	F18 (Junioren)		4	01:17,45	01:26,32	02:43,77	01:26,37	04:10,14	01:23,30	05:33,44
Dries Canaerts	M12 (Jeugd C)		5	01:17,01	01:22,58	02:39,59	01:21,63	04:01,22	01:18,55	05:19,77
Deleersnyder Laura	F16 (Jeugd A)		6	01:15,00	01:24,34	02:39,34	01:26,25	04:05,59	01:25,06	05:30,65
Meirlaen Lander	M16 (Jeugd A)	6	1	01:14,42	01:35,11	02:49,53	01:41,19	04:30,72	01:36,73	06:07,45
Delvaux Pep	M16 (Jeugd A)		2	01:09,70	01:19,75	02:29,45	01:22,25	03:51,70	01:22,26	05:13,96
Delrue Lore	F14 (Jeugd B)		3	01:20,71	01:34,35	02:55,06	01:39,12	04:34,18	01:39,07	06:13,25
Ares Ruben	M14 (Jeugd B)		4	01:15,51	01:25,88	02:41,39	01:28,26	04:09,65	01:26,04	05:35,69
Detollenaere Maarten	M16 (Jeugd A)		5	01:15,58	01:23,01	02:38,59	01:26,11	04:04,70	01:21,55	05:26,25
Courcelles Lene	F16 (Jeugd A)		6	01:14,41	01:22,25	02:36,66	01:23,92	04:00,58	01:22,80	05:23,38
Vereycken Ruben	M14 (Jeugd B)	7	1	01:16,28	01:21,65	02:37,93	01:23,75	04:01,68	01:18,85	05:20,53
D'haene Yara	F16 (Jeugd A)		2	01:13,97	01:24,42	02:38,39	01:26,80	04:05,19	01:25,26	05:30,45
De Raedemaeker Luca	M16 (Jeugd A)		3	01:14,76	01:24,25	02:39,01	01:26,00	04:05,01	01:25,05	05:30,06
Bradt Frauke	F14 (Jeugd B)		4	01:11,19	01:20,00	02:31,19	01:21,95	03:53,14	01:20,86	05:14,00
Buyck Jordy	M18 (Junioren)		5	01:10,71	01:21,69	02:32,40	01:26,03	03:58,43	01:27,76	05:26,19
			6							
Vera Van Dycke	F14 (Jeugd B)	8	1	01:15,32	01:20,49	02:35,81	01:21,13	03:56,94	01:18,67	05:15,61
Globevnik Mathijs	M14 (Jeugd B)		2	01:11,89	01:19,88	02:31,77	01:21,44	03:53,21	01:16,94	05:10,15
Robbe Ghielens	M16 (Jeugd A)		3	01:13,90	01:22,43	02:36,33	01:22,61	03:58,94	01:16,75	05:15,69
Joppe Castrel	M16 (Jeugd A)		4	01:14,45	01:21,62	02:36,07	01:23,05	03:59,12	01:20,57	05:19,69
Verjans Sarah	F24 (Senioren)		5	01:18,39	01:27,36	02:45,75	01:27,96	04:13,71	01:25,62	05:39,33
Catry Theo	M14 (Jeugd B)		6	01:10,60	01:22,72	02:33,32	01:26,33	03:59,65	01:25,76	05:25,41
Vanden Broucke Giani	M18 (Junioren)	9	1	01:12,16	01:19,13	02:31,29	01:20,43	03:51,72	01:18,99	05:10,71
Robbe Voorhof	M16 (Jeugd A)		2	01:12,20	01:19,49	02:31,69	01:19,96	03:51,65	01:18,51	05:10,16
Bortier Lucie	F18 (Junioren)		3	01:11,20	01:20,38	02:31,58	01:22,55	03:54,13	01:19,74	05:13,87
Van den Daele Niels	M16 (Jeugd A)		4	01:11,01	01:18,26	02:29,27	01:19,31	03:48,58	01:15,92	05:04,50
Wannes Michiels-Meulemans	M14 (Jeugd B)		5	01:09,02	01:19,51	02:28,53	01:21,30	03:49,83	01:17,61	05:07,44
Coppens Aaron	M18 (Junioren)		6	01:10,25	01:16,39	02:26,64	01:18,93	03:45,57	01:17,62	05:03,19
Vande Velde Gerd	M24 (Senioren)	10	1	01:11,04	01:17,61	02:28,65	01:19,03	03:47,68	01:20,51	05:08,19
Goethals Frederic	M24 (Senioren)		2	01:09,16	01:16,62	02:25,78	01:18,68	03:44,46	01:14,75	04:59,21
Thibaut Canaerts	M14 (Jeugd B)		3	01:07,89	01:17,20	02:25,09	01:17,43	03:42,52	01:17,61	05:00,13
			4							
Tuur Haeverans	M14 (Jeugd B)	5	01:11,06	01:20,75	02:31,81	01:21,64	03:53,45	01:20,57	05:14,02	
		6								
		1								
Roelens Stijn	M40 (Masters A)	11	2	01:10,94	01:18,01	02:28,95	01:20,80	03:49,75	01:21,25	05:11,00
Charles Janssens	M16 (Jeugd A)		3	01:08,57	01:14,75	02:23,32	01:16,43	03:39,75	01:14,93	04:54,68
de graef seppe	M16 (Jeugd A)		4	01:07,98	01:14,79	02:22,77	01:15,53	03:38,30	01:12,89	04:51,19
Slock Pieter	M24 (Senioren)		5	01:07,90	01:14,79	02:22,69	01:15,13	03:37,82	01:14,71	04:52,53
Bosch Sebastian DNS		6								
		1								
Thijs Balte	M16 (Jeugd A)	12	2	01:07,32	01:16,26	02:23,58	01:17,38	03:40,96	01:16,29	04:57,25
Wout Ghielens	M16 (Jeugd A)		3	01:07,26	01:16,26	02:23,52	01:17,00	03:40,52	01:16,11	04:56,63
Van Rompaey Danny	M40 (Masters A)		4	01:08,02	01:14,56	02:22,58	01:15,50	03:38,08	01:15,55	04:53,63
Vandekerckhove Lotte	F16 (Jeugd A)		5	01:10,40	01:18,42	02:28,82	01:19,75	03:48,57	01:19,25	05:07,82
Dequae Nele	F16 (Jeugd A)		6	01:10,51	01:17,55	02:28,06	01:17,82	03:45,88	01:17,94	05:03,82
			1							
Senne Smolders	M16 (Jeugd A)	13	2	01:10,40	01:16,76	02:27,16	01:18,60	03:45,76	01:17,32	05:03,08
TAHAY ELISE	F16 (Jeugd A)		3	01:09,96	01:17,36	02:27,32	01:18,64	03:45,96	01:17,54	05:03,50
Axelle Verstrepen	F16 (Jeugd A)		4	01:10,50	01:15,96	02:26,46	01:14,63	03:41,09	01:12,16	04:53,25
			5							
Valcke Arthon	M18 (Junioren)	6	01:09,72	01:17,17	02:26,89	01:19,37	03:46,26	01:19,01	05:05,27	
		1								
Vansteenkiste Rhune	F16 (Jeugd A)	14	2	01:04,20	01:11,18	02:15,38	01:13,71	03:29,09	01:11,92	04:41,01
Van Humbeek Sefh	M16 (Jeugd A)		3	01:04,53	01:10,52	02:15,05	01:13,26	03:28,31	01:12,38	04:40,69
Gerryn Tristan	MU23 (Beloften)		4	01:04,12	01:11,45	02:15,57	01:14,06	03:29,63	01:14,99	04:44,62
Willen Hannelore	F18 (Junioren)		5	01:09,57	01:16,50	02:26,07	01:18,25	03:44,32	01:18,26	05:02,58
Lenaertz Kiara	FU23 (Beloften)		6	01:08,94	01:13,44	02:22,38	01:15,75	03:38,13	01:14,00	04:52,13
		1								
Peeters Hanne	F18 (Junioren)	15	2	01:08,89	01:12,92	02:21,81	01:13,50	03:35,31	01:10,88	04:46,19
Thomas Verstraeten	M16 (Jeugd A)		3	01:06,68	01:12,09	02:18,77	01:13,48	03:32,25	01:11,18	04:43,43
Thomas Janssens	M16 (Jeugd A)		4	01:06,72	01:12,73	02:19,45	01:13,15	03:32,60	01:10,53	04:43,13
			5							
Haesen Jonathan	M16 (Jeugd A)		6	01:06,44	01:12,71	02:19,15	01:13,62	03:32,77	01:11,00	04:43,77

Vince Van de Poel	M18 (Junioren)	16	1	01:06,72	01:11,81	02:18,53	01:12,65	03:31,18	01:11,03	04:42,21
Jasper De Ceuster	M16 (Jeugd A)		2	01:07,32	01:13,95	02:21,27	01:14,68	03:35,95	01:14,81	04:50,76
Quinten Caems	M18 (Junioren)		3	01:07,35	01:13,33	02:20,68	01:14,41	03:35,09	01:13,29	04:48,38
TROISFONTAINES ALBAN	M16 (Jeugd A)		4	01:06,27	01:11,43	02:17,70	01:13,51	03:31,21	01:11,41	04:42,62
Breye Merten	M18 (Junioren)		5	01:06,38	01:13,00	02:19,38	01:14,37	03:33,75	01:14,38	04:48,13
De Dobbelaere Raf	M16 (Jeugd A)		6	01:07,33	01:12,14	02:19,47	01:11,10	03:30,57	01:10,21	04:40,78
Corthouts Stef	M18 (Junioren)	17	1							
Van Cappellen Tom	MU23 (Beloften)		2	01:02,69	01:08,59	02:11,28	01:10,73	03:22,01	01:10,25	04:32,26
GUILMOT THOMAS	M18 (Junioren)		3	01:04,07	01:09,96	02:14,03	01:11,28	03:25,31	01:10,13	04:35,44
Cassiers Cato	F18 (Junioren)		4	01:04,27	01:09,07	02:13,34	01:09,24	03:22,58	01:09,30	04:31,88
Sabbe Jasper	MU23 (Beloften)		5	01:04,65	01:10,22	02:14,87	01:10,65	03:25,52	01:09,66	04:35,18
Wayaffe Jonathan	M24 (Senioren)		6	01:04,97	01:10,47	02:15,44	01:11,87	03:27,31	01:11,06	04:38,37
Franco Wout	M16 (Jeugd A)	18	1	01:04,84	01:10,41	02:15,25	01:11,93	03:27,18	01:12,13	04:39,31
Leys Milan	M18 (Junioren)		2	01:03,32	01:08,05	02:11,37	01:08,82	03:20,19	01:07,78	04:27,97
Matthys Dries	MU23 (Beloften)		3	01:02,31	01:07,26	02:09,57	01:08,80	03:18,37	01:07,56	04:25,93
Verheyden Andries	M24 (Senioren)		4	01:02,53	01:06,98	02:09,51	01:08,21	03:17,72	01:05,34	04:23,06
De Grooff David	M24 (Senioren)		5	01:02,85	01:07,66	02:10,51	01:07,45	03:17,96	01:08,55	04:26,51
VAN EETVELT VASQUEZ Mattias	M18 (Junioren)		6	01:01,68	01:09,13	02:10,81	01:11,59	03:22,40	01:10,61	04:33,01
Jarno Cuypers	MU23 (Beloften)	19	1	01:02,78	01:06,67	02:09,45	01:07,51	03:16,96	01:06,99	04:23,95
Basslé Joris	MU23 (Beloften)		2	01:02,32	01:08,88	02:11,20	01:12,01	03:23,21	01:11,79	04:35,00
Adam Lambrechts	M24 (Senioren)		3	00:58,02	01:02,89	02:00,91	01:02,79	03:03,70	01:00,43	04:04,13
Janssens Robbe	MU23 (Beloften)		4							
			5	01:02,34	01:08,43	02:10,77	01:08,51	03:19,28	01:09,60	04:28,88
			6	01:00,77	01:07,00	02:07,77	01:09,51	03:17,28	01:08,18	04:25,46

Naam	categorie	Tijd
Basslé Joris	MU23 (Beloften)	04:04,13
Matthys Dries	MU23 (Beloften)	04:23,06
VAN EETVELT VASQUEZ Mattias	M18 (Junioren)	04:23,95
Janssens Robbe	MU23 (Beloften)	04:25,46
Leys Milan	M18 (Junioren)	04:25,93
Verheyden Andries	M24 (Senioren)	04:26,51
Franco Wout	M16 (Jeugd A)	04:27,97
Adam Lambrechts	M24 (Senioren)	04:28,88
GUILMOT THOMAS	M18 (Junioren)	04:31,88
Corthouts Stef	M18 (Junioren)	04:32,26
De Grooff David	M24 (Senioren)	04:33,01
Jarno Cuypers	MU23 (Beloften)	04:35,00
Cassiers Cato	F18 (Junioren)	04:35,18
Van Cappellen Tom	MU23 (Beloften)	04:35,44
Sabbe Jasper	MU23 (Beloften)	04:38,37
Wayaffe Jonathan	M24 (Senioren)	04:39,31
Van Humbeeck Seph	M16 (Jeugd A)	04:40,69
De Dobbelaere Raf	M16 (Jeugd A)	04:40,78
Vansteenkiste Rhune	F16 (Jeugd A)	04:41,01
Vince Van de Poel	M18 (Junioren)	04:42,21
TROISFONTAINES ALBAN	M16 (Jeugd A)	04:42,62
Thomas Janssens	M16 (Jeugd A)	04:43,13
Thomas Verstraeten	M16 (Jeugd A)	04:43,43
Haesen Jonathan	M16 (Jeugd A)	04:43,77
Gerryn Tristan	MU23 (Beloften)	04:44,62
Peeters Hanne	F18 (Junioren)	04:46,19
Breye Merten	M18 (Junioren)	04:48,13
Quinten Caems	M18 (Junioren)	04:48,38
Jasper De Ceuster	M16 (Jeugd A)	04:50,76
de graef seppe	M16 (Jeugd A)	04:51,19
Lenaertz Kiara	FU23 (Beloften)	04:52,13
Slock Pieter	M24 (Senioren)	04:52,53
Axelle Verstrepren	F16 (Jeugd A)	04:53,25
Van Rompaey Danny	M40 (Masters A)	04:53,63
Charles Janssens	M16 (Jeugd A)	04:54,68
Wout Ghielens	M16 (Jeugd A)	04:56,63
Thijs Balte	M16 (Jeugd A)	04:57,25
Goethals Frederic	M24 (Senioren)	04:59,21
Thibaut Cannaearts	M14 (Jeugd B)	05:00,13
Willen Hannelore	F18 (Junioren)	05:02,58
Senne Smolders	M16 (Jeugd A)	05:03,08
Coppens Aaron	M18 (Junioren)	05:03,19
Verdoodt Niels	M24 (Senioren)	05:03,49
TAHAY ELISE	F16 (Jeugd A)	05:03,50
Dequae Nele	F16 (Jeugd A)	05:03,82
Van den Daele Niels	M16 (Jeugd A)	05:04,50
Valcke Arthon	M18 (Junioren)	05:05,27
Wannes Michielens-Meulemans	M14 (Jeugd B)	05:07,44
Vandekerckhove Lotte	F16 (Jeugd A)	05:07,82
Vande Velde Gerd	M24 (Senioren)	05:08,19
Globevnik Mathijs	M14 (Jeugd B)	05:10,15
Robbe Voorhof	M16 (Jeugd A)	05:10,16
Vanden Broucke Giani	M18 (Junioren)	05:10,71
Roelens Stijn	M40 (Masters A)	05:11,00
Bortier Lucie	F18 (Junioren)	05:13,87
Delvaux Pep	M16 (Jeugd A)	05:13,96
Bradt Frauke	F14 (Jeugd B)	05:14,00
Tuur Haeverans	M14 (Jeugd B)	05:14,02
Vera Van Dycke	F14 (Jeugd B)	05:15,61
Robbe Ghielens	M16 (Jeugd A)	05:15,69
Joppe Castrel	M16 (Jeugd A)	05:19,69
Dries Cannaearts	M12 (Jeugd C)	05:19,77
Vereycken Ruben	M14 (Jeugd B)	05:20,53
Courcelles Lene	F16 (Jeugd A)	05:23,38

Catry Theo	M14 (Jeugd B)	05:25,41
Brecht Roelans	M16 (Jeugd A)	05:25,64
Buyck Jordy	M18 (Junioren)	05:26,19
Detollenaere Maarten	M16 (Jeugd A)	05:26,25
de graef Iien	F14 (Jeugd B)	05:27,31
De Raedemaeker Luca	M16 (Jeugd A)	05:30,06
Mehta Rohan	M16 (Jeugd A)	05:30,31
D'haene Yara	F16 (Jeugd A)	05:30,45
Deleersnyder Laura	F16 (Jeugd A)	05:30,65
Cottenie Emma	F14 (Jeugd B)	05:30,94
Deleersnyder Lise	F14 (Jeugd B)	05:32,56
Lize De Witte	F18 (Junioren)	05:33,44
Ares Ruben	M14 (Jeugd B)	05:35,69
Verbruggen Sofie	F24 (Senioren)	05:38,88
Verjans Sarah	F24 (Senioren)	05:39,33
Cottem Marcin	M16 (Jeugd A)	05:41,38
Julie Ysenbaert	F18 (Junioren)	05:45,38
van den Boer Arthur	M12 (Jeugd C)	05:53,21
Lammens Marius	M14 (Jeugd B)	05:54,13
Robberechts Ruben	MU23 (Beloften)	05:54,50
Deprez Ilke	F16 (Jeugd A)	05:56,10
Depuydt Femke	F12 (Jeugd C)	06:02,07
Jana De Wolf	F16 (Jeugd A)	06:04,32
Jens Smolders	M12 (Jeugd C)	06:06,21
Meirlaen Lander	M16 (Jeugd A)	06:07,45
Hocedez Bjarne	M16 (Jeugd A)	06:07,69
Baluwé Margot	F16 (Jeugd A)	06:12,46
Delrue Lore	F14 (Jeugd B)	06:13,25
Maes Eva	F14 (Jeugd B)	06:31,69
Van Dooren Sofie	F40 (Masters A)	06:32,07
MINNEBO JARNE	M14 (Jeugd B)	06:38,75
Harinck Camille	F14 (Jeugd B)	06:53,15
Vanderstraeten Laurens	M24 (Senioren)	07:31,57
Eerdekens Geert	M50 (Masters B)	08:14,11
Teirbrood Eddy	M50 (Masters B)	08:30,45